



# Spring Term 2018

5/1/18

**Monday**

**1/1/18**

**Bank Holiday**

**Tuesday**

**2/1/18**

**No school**

**Wednesday**

**3/1/18**

**Inset**

**Thursday**

**4/1/18**

**Friday**

**5/1/18**

*inset*

*Sausage meat lattice*

*Baked Battered  
Haddock  
Poached Pollock*

*Dairy & Gluten free*

*Vegetable Stir Fry &  
Noodles*

*Vegetable Spring  
Roll*

*New Crushed Pota-  
toes*

*Oven Baked Chips*

*Mixed Vegetables  
Salads/Bread Rolls*

*Peas  
Baked Beans  
Salads/Bread Rolls*

*Strawberry Angel  
Delight*

*Lemon drizzle Cake  
Fresh Fruit/Yoghurts*

# Spring Term 2018

12/1/18

**Monday**  
**8/1/18**

**Tuesday**  
**9/1/18**

**Wednesday**  
**10/1/18**

**Thursday**  
**11/1/18**

**Friday**  
**12/1/18**

**Sweet and Sour  
Chicken**

**Whole Jacket  
Potato  
With**  
*Gluten Free  
Dairy free*

**Roast Beef & Yorkshire  
Pudding**  
*Gluten Free  
Dairy free*

**Beef Lasagne**

**Cod Fish Cakes  
Gluten free Fish  
Fingers**  
*Gluten Free  
Dairy free*

**Mild Chilli Con Car-  
ne  
Butter Portions**

**Homity Pie**  
*Gluten free*

**Quorn & Vegetable  
Lasagne**

**Vegetable Ratatouille**  
*Gluten free*

**Quorn & Vegeta-  
ble Fajitas**

**BBQ Baked Beans  
Cheese**

**Gravy**

**Tortilla Wraps  
Rice**

**Roast  
Potatoes**

**Garlic Bread**

**Lumberjack chips**

**Shredded lettuce  
Grated Cheddar**

**Salads/Bread Rolls**

**Farmhouse vegetables  
Salads/Bread Rolls**

**Salads/  
Peas**

**Sweet corn  
Spaghetti Hoops  
Salads/Bread Rolls**

**Chocolate Chip  
Mini Muffin  
Fresh Fruit/  
Yoghurts**

**Iced Lemon Sponge  
Fresh Fruit/Yoghurts**

**Butterscotch Angel  
Delight**

**Mini Danish Pastry  
Fresh Fruit/Yoghurts**

**Pear/Chocolate  
Crumble Cream  
Fresh Fruit/Yoghurts**

# Spring Term 2018

19/1/18

**Monday**  
**15/1/18**

**Tuesday**  
**16/1/18**

**Wednesday**  
**17/1/18**

**Thursday**  
**18/1/18**  
**Census Day**

**Friday**  
**19/1/18**

*Swedish Meatballs*  
*Tomato Salsa*

*Toad in the Hole*

*Roasted BBQ*  
*Chicken Breast*  
*Dairy & gluten free*

*Jumbo Hot Dog*

*Battered Cod*  
*Dairy free*  
*Dairy & gluten free*  
*Poached Cod*

*Quorn meatballs*  
*Tomato Salsa*

*Quorn Sausages*  
*Yorkshire Pudding*

*Cauliflower Cheese*

*Quorn Sausage Hot*  
*Dog*

*Cheese & Potato*  
*Pasties*

*Spaghetti*

*Vegetarian Gravy*  
*Mashed Potato*

*Hot Dog Rolls*

*Mixed Vegetables*

*Sweet Corn*

*Roast*  
*Potatoes*

*HERB Diced Pota-*  
*toes*

*Oven Fries*

*Salads/Bread Rolls*

*Salads/Bread Rolls*

*Farmhouse*  
*Vegetables*  
*Salads/Bread Rolls*

*Buttery Corn on The*  
*Cob*  
*Lots of Healthy Sal-*  
*ad Choices !*

*Baked Beans*  
*Peas*  
*Salads/Bread Rolls*

*Raspberry Mousse*

*Fruit Cocktail & Cream*  
*Fresh Fruit/Yoghurts*

*Iced Sponge*  
*100's & 1000's*  
*Fresh Fruit/Yoghurts*

*Yoghurt*  
*Chocolate Brownie*

*Fresh Fruit Salad*

# Spring Term 2018

**Monday**  
**22/1/18**

*Mild  
Chicken Korma*

*Quorn chicken curry*

*Rice  
Naan Bread*

*Diced Carrots  
Salads*

*Chocolate Drop Ice  
Cream  
Fresh Fruit/Yoghurts*

**Tuesday**  
**23/1/18**

*Whole JACKET  
POTATO  
Dairy Free Gluten Free  
with*

*Baked Beans/Pork  
Sausages  
Grated Cheddar  
Butter Portions*

*Salads/Bread Rolls*

*Iced Lemon Sponge  
Fresh Fruit/Yoghurts*

**Wednesday**  
**24/1/18**

*Roast Turkey  
Dairy Free Gluten Free*

*Creamy Vegetable Pie*

*Roasted Herb  
Potatoes*

*Farmhouse/  
Mixed Vegetables  
Salads/Bread Rolls*

*Strawberry Cheese-  
cake  
Fresh Fruit/Yoghurts*

**Thursday**  
**25/1/18**

*Battered Chicken  
Burger in a Bun*

*Vegetable Burgers in  
a Bun*

*Herbie Diced Pota-  
toes*

*Mixed VEGETA-  
BLES  
Salads/*

*Blueberry Muffin  
Fresh Fruit/Yoghurts  
late Brownie*

**26/1/18**

**Friday**  
**26/1/18**

**Salmon Fish  
fingers**

*Fish Cakes  
Poached Pollock  
Dairy Free Gluten Free*

*Cous Cous  
Stuffed Half of Pep-  
per*

*Oven Chips*

*Sweetcorn  
Spaghetti Hoops  
Salads/Bread Rolls*

*Fresh Fruit Salad*



# Spring Term 2018

2/2/18

**Monday**  
**29/1/18**

**Mild Chicken Tikka  
Masala**  
*Dairy Free*

**Quorn Filleit n a  
Korma Sauce**

**Rice/Naan Bread**

**Carrots  
Salads**

**Fruit Jelly & Cream  
Fresh Fruit/Yoghurt/**

**Tuesday**  
**30/1/18**

**Bolognaise Pasta  
Bake**

**Vegetable Passata  
Pasta**

**Penne Pasta**

**Broccoli  
Salads/Bread Rolls**

**Apple Crumble &  
Custard  
Fresh Fruit/Yoghurt**

**Wednesday**  
**31/1/18**

**Roast loin of Pork**  
*Dairy Free gluten Free*

**Fruity Caribbean Cas-  
serole**

**Roast Potatoes  
Gravy**

**Farmhouse  
Vegetables  
Salads/Bread Rolls**

**Strawberry Angel De-  
light**

**Thursday**  
**1/2/18**

**Italian Chicken  
Casserole**

**Tomato & mascar-  
pone pasta**

**Mashed Potato**

**sweetcorn**

**Chocolate Brownie**

**Friday**  
**2/2/18**

**Battered Cod  
Gluten free Fish  
Fingers**  
*Dairy Free gluten Free*

**Spanish Omelette**  
*Gluten Free*

**Oven Chips**

**Peas  
Baked Beans  
Salads/Bread Rolls**

**Mini Chocolate  
Brownie  
Fresh Fruit/Yoghurt**



# Spring Term 2018

**Tuesday**  
6/2/18

**Wednesday**  
7/2/18

**Thursday** 9/2/18  
8/2/18

**Friday**  
9/2/18

**5/2/18**

**Chicken Fajitas**  
*Dairy free*

**WHOLEJACK-  
ET  
POTATO**  
*Dairy Free/Gluten Free*  
**with**

**Honey Roast Ham**  
*Dairy Free Gluten Free*  
**Gravy**

**Jamaican jerk  
Chicken**

**Battered Fish Bites**  
*Dairy Free Gluten Free*  
**Gluten free Fish  
Fingers**

**Vegetable Chow  
Mein**  
*Dairy free*

**Baked Beans/Grated  
Cheese  
Crispy Bacon Pieces  
Butter Portions**

**Lightly Moroccan  
Spiced Vegetable Lat-  
tice Pie**  
*Dairy Free*

**Tomato & Corn Pas-  
ta**  
*Dairy Free*

**Noodles  
Salads**

**Wraps**

**Bread rolls**

**Roast  
Potatoes**

**Quorn Chicken BBQ  
Sauce**

**Rice & Peas**

**Oven Chips**

**Cheese  
Sweetcorn**

**Salads**

**Farmhouse vegetables  
Salads/Bread Rolls**

**Mixed Vegetables  
Salads/Bread Rolls**

**Spaghetti Hoops  
Peas**

**Raspberry Ripple  
Ice Cream**  
**Fresh Fruit/Yoghurts**

**Iced Sponge Cake  
Fresh Fruit/Yoghurts**

**Mini Chocolate  
Muffin**

**Carrot & Orange  
Cake**  
**Fresh Fruit/Yoghurts**

**Strawberry Mousse  
with White Chocolate  
Buttons**





# Spring Term 2018

23/2/18

**Monday**  
**19/2/18**

**Sausages &  
Boston beans**

**Quorn Sausages &  
Boston Beans**

**Creamed Potatoes**

**Broccoli  
Baton carrots  
Salads/Bread Rolls**

**Fruit Jelly  
Fresh Fruit/Yoghurts**

**Tuesday**  
**20/2/18**

**Beef Bolognaise  
Pasta**  
*Dairy free*

**Tomato and Basil Pas-  
ta Bows**

**Garlic Bread**

**Peas & Sweet corn  
Salads/**

**Strawberry Mousse  
Fresh Fruit/Yoghurts**

**Wednesday**  
**21/2/18**

**Roast Loin of Pork  
Gravy**  
*Dairy Free Gluten free*

**Creamy Vegetable  
Lattice Pie**

**Roast Potatoes  
Farm House Vegeta-  
bles**

**Pancakes  
Chocolate Sauce**

**Fresh Fruit/Yoghurts**

**Thursday**  
**22/2/18**

**Creamy Chicken  
& Sweet Corn Lattice  
Pie**

**Vegetable Stir Fry &  
Noodles**

**New Crushed Pota-  
toes**

**Mixed Vegetables  
Sliced Carrots  
Salads/Bread Rolls**

**Mini Double Choco-  
late Muffin  
Fresh Fruit/Yoghurts**

**Friday**  
**23/2/18**

**Battered Fish Bites**  
*Dairy & Gluten free*  
**Gluten free Fish  
Fingers**

**Chickpea &  
Vegetable  
Samosa**

**Oven Baked Chips**

**Peas  
Baked Beans  
Salads/Bread Rolls**

**Lemon Zest Cheese-  
cake  
Fresh Fruit/Yoghurts**





# Spring Term 2018

2/3/18

**Monday**

**26/2/18**

*Swedish Meatballs  
In Gravy*

*Vegetable Falafels  
In a Tomato Salsa*

*Rice*

*Cheese Bread Rolls  
Peas/Sweetcorn*

*Butterscotch Angel  
Delight*

**Tuesday**

**27/2/18**

*Whole Jacket  
Potato*

*Baked Beans  
Tuna Mayonnaise  
Grated Cheddar*

*Broccoli  
Dairy Free*

*Salads/Bread Rolls*

*Fruit Cocktail  
Fresh Fruit/Yoghurts*

**Wednesday**

**28/2/18**

*Rosemary and Garlic  
Breast of Chicken  
Dairy Free Gluten free*

*Roasted Vegetable  
Quiche*

*Roast Potatoes*

*Farmhouse  
Vegetables  
Salads/Bread Rolls*

*Chocolate/ Pear  
Oaty Crumble  
& Cream  
Fresh Fruit/Yoghurts*

**Thursday**

**1/3/18**

*Sausage & Mash*

*Spinach & Mush-  
room Pasta Spirals  
Balsamic and olive  
oil  
Dairy free*

*Mixed Vegetables  
Salads/Bread Rolls*

*Pancakes Fudge/  
Chocolate Sauce  
Fresh Fruit/Yoghurts*

**Friday**

**2/3/18**

*Baked Battered Cod  
Poached Pollock  
Dairy & Gluten free*

*Individual Vegetable  
Cheese and Onion  
Pasties*

*Oven Baked Chips*

*Peas  
Baked Beans  
Salads/Bread Rolls*

*Lemon Cheesecake  
Fresh Fruit/Yoghurts*

# Spring Term 2018

9/3/18

**Monday**  
**5/3/18**

**Sweet and Sour  
Chicken**

**Quorn & Vegeta-  
ble Fajitas**

**Tortilla Wraps  
Rice**

**Shredded lettuce  
Grated Cheddar**

**Butterscotch An-  
gel Delight**

**Tuesday**  
**6/3/18**

**Whole Jacket  
Potato  
With**  
Gluten Free  
Dairy free

**Crispy Bacon Pieces  
Carne**

**BBQ Baked Beans  
Cheese  
Butter Portions**

**Salads/Bread Rolls**

**Iced Lemon Sponge  
Fresh Fruit/Yoghurts**

**Wednesday**  
**7/3/18**

**Honey Roasted Gam-  
mon**  
Dairy free

**Paprika Quorn Fillets  
Vegetarian Gravy**

**Gravy**

**Roast  
Potatoes**

**Farmhouse Vegetables  
Salads/Bread Rolls**

**Chocolate blueberry  
Muffin Muffin  
Fresh Fruit/Yoghurts**

**Thursday**  
**8/3/18**

**Beef Lasagne**

**Quorn Mince Bolo-  
gnaise**

**Garlic Bread**

**Salads/  
Carrots**

**Forest Fruit  
Cheesecake**

**Friday**  
**9/3/18**

**Jumbo Fish Fingers  
Poached Pollock**  
Gluten Free  
Dairy free

**Tomato & Vegetable  
Risotto**  
Gluten free

**Lumberjack chips**

**Sweet corn  
Spaghetti Hoops  
Salads/Bread Rolls**

**Pear/Chocolate  
Crumble Cream  
Fresh Fruit/Yoghurts**

# Spring Term 2018

16/3/18

**Monday**  
**12/3/18**

**Tuesday**  
**13/3/18**

**Wednesday**  
**14/3/18**

**Thursday**  
**15/3/18**

**Friday**  
**16/3/18**

***Pork Meatballs  
In Tomato Sauce***  
*Dairy Free*

***Toad in the Hole  
Herb Diced Potatoes***

***Roast Butter Chicken***

***Cottage Pie***  
*Dairy & gluten free*

***Fish Cakes***  
*Dairy free  
Dairy & gluten free  
Gluten Free Fish Fingers*

***Falafel  
Tomato Sauce***  
*Dairy Free*

***Quorn Sausages  
Yorkshire Pudding***

***Cauliflower and Broc-  
coli Cheese***

***Vegetable Cornish  
Pasties***  
*Dairy Free*

***Vegetarian Gravy***

***Balsamic Roasted  
Vegetable Pasta***  
*Dairy Free*

***Spaghetti***

***Sweet Corn***

***Roast  
Potatoes***

***Oven Fries***

***Carrots  
Salads/Bread Rolls***

***Salads/Bread Rolls***

***Farmhouse  
Vegetables  
Salads/Bread Rolls***

***Green Beans  
Salads/Bread Rolls***

***Baked Beans  
Peas  
Salads/Bread Rolls***

***Raspberry Mousse  
Fresh Fruit/Yoghurts*** ***Fruit Cocktail & Cream  
Fresh Fruit/Yoghurts***

***Iced Sponge  
100's & 1000's  
Fresh Fruit/Yoghurts***

***Apple & Blackberry  
Pie  
Cream  
Fresh Fruit/  
Yoghurts***

***Lemon drizzle cake  
Toffee Sauce  
Fresh Fruit/Yoghurts***

# Spring Term 2018

**Tuesday**  
20/3/18

**Wednesday**  
21/3/18

**Thursday**  
22/3/18

**23/3/18**

**Friday**  
23/3/18

**19/3/18**

*Chicken Fajitas*

**WHOLEJACK-  
ET  
POTATO  
with**

*Sage & Thyme  
Roasted Chicken  
Breast  
Dairy Free Gluten Free  
Gravy*

*Minced Beef Cornish  
Pie*

*Battered Cod  
Poached Pollock  
Dairy Free Gluten Free*

*Vegetable Stir Fry*

*Baked Beans/Grated  
Cheese  
Crispy Bacon Pieces*

*Lightly Moroccan  
Spiced Vegetable  
Lattice Pie  
Dairy Free*

*Tomato & Corn Pas-  
ta  
Dairy Free*

*Noodles  
Salads*

*Stuffing  
Balls*

*Vegetable Lasagne*

*Wraps*

*Bread rolls*

*Roast  
Potatoes*

*Herbie Diced Pota-  
toes*

*Oven Chips*

*Cheese  
Peas /Sweetcorn*

*Salads*

*Farmhouse vegetables  
Salads/Bread Rolls*

*Mixed VEGETA-  
BLES  
Salads/Bread Rolls*

*Spaghetti Hoops  
Peas*

*Raspberry Ripple  
Ice Cream  
Fresh Fruit/Yoghurts*

*Iced Sponge Cake  
Fresh Fruit/Yoghurts*

*Carrot & Orange  
Cake  
Fresh Fruit/Yoghurts*

*Mini Chocolate  
Muffin*

*Strawberry Mousse  
with White Chocolate  
Buttons*



# Spring Term 2018

30/3/18

**Monday**  
**26/3/18**

**Mild Chicken Tikka  
Masala**  
*Dairy Free*

**Quorn Fillets in a  
Korma Sauce**

**Rice/Naan Bread**

**Carrots  
Salads**

**Fruit Jelly & Cream  
Fresh Fruit/Yoghurt/**

**Tuesday**  
**27/3/18**

**Bolognaise Pasta  
Bake**

**Vegetable Passata  
Pasta**

**Penne Pasta**

**Broccoli  
Salads/Bread Rolls**

**Apple Crumble &  
Custard**  
**Fresh Fruit/Yoghurt**

**Wednesday**  
**28/3/18**

**Roast loin of Pork**  
*Dairy Free gluten Free*

**Fruity Caribbean Cas-  
serole**

**Roast Potatoes  
Gravy**

**Farmhouse  
Vegetables**  
**Salads/Bread Rolls**

**Strawberry Angel De-  
light**

**Thursday**  
**29/3/18**

**Italian beef & Toma-  
to pie**

**Tomato &  
Mascarpone  
Pasta**

**Creamy Mash Potato**

**Buttery Corn on The  
Cob**  
**Lots of Healthy Sal-  
ad Choices !**

**Fresh Fruit Salad  
Yoghurt**

**Friday**  
**30/3/18**

**Battered Fish Bites**  
**Gluten free Fish  
Fingers**  
*Dairy Free gluten Free*

**Spanish Omelette**  
*Gluten Free*

**Oven Chips**

**Peas**  
**Baked Beans**  
**Salads/Bread Rolls**

**Mini Chocolate  
Brownie**  
**Fresh Fruit/Yoghurt**