



MENU – week commencing 10th October 2022

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch	Cheese and onion pasty, potato wedges and veg	Chicken pasta bake	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Jumbo fish finger, chips and vegetables
Vegetarian option	Cheese and onion pasty, potato wedges and veg	Quorn pasta bake	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Veggie bites, chips and vegetables
Dessert	Peach slices	Jam doughnut	Yoghurt	Fruit	Choc chip cookie
Free From option	Corn fritters, potato wedges and vegetables Peach slices	Chicken pasta bake Cake	Roast beef with all trimmings Yoghurt	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Cookie
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that a similar substitute may have to be provided at short notice due to supply issues.</p>				