



MENU – week commencing 5th September 2022

****Please note that the fish on a Friday may be substituted for a similar fish on the day due to current supply issues****

	Meat Free Monday	Tuesday Choose Day	Wonderful Roast Wednesday	Thursday Joyful Jackets	Friday Fish Friday
Lunch		Pasta bake with vegetables	Roast beef with all the trimmings	Jacket potato with a choice of toppings	Battered fish, chips and vegetables
Vegetarian option		Pasta bake with vegetables	Quorn roast with all the trimmings	Jacket potato with a choice of toppings	Veggie burger, chips and vegetables
Dessert		Fruit smoothie	Peach slices	Fruit	Sponge and custard
Free From option		Pasta bake with vegetables Fruit smoothie	Roast beef with all trimmings Peach slices	Jacket potato with a choice of toppings Fruit	Fish fingers, chips and vegetables Rocky Road
	<p>All meals will contain or be served with at least one portion of vegetables. All roast dinners, sausage & mash and pie dishes will have the option of extra gravy. Please note that we may have to provide a similar substitution at short notice due to supply issues.</p>				